



MedTiM

BROCHURE

TREATMENT PROGRAMME

Benzodiazepine addiction
The treatment lasts 14+ days



Your New Beginning – Med TiM Special Hospital

In a beautiful and quiet location on the banks of the Danube River, in Novi Banovci, just 15 minutes from Belgrade and "Nikola Tesla" Airport, MED TiM is a special psychiatric hospital for the treatment of addiction, psychiatric illnesses, and disorders.

Our location provides ideal conditions for recovery – a peaceful atmosphere, natural surroundings, discretion, as well as quick and easy access for patients, which further eases the first step toward recovery.

Med TiM is a modern private hospital staffed by recognized and experienced professionals dedicated to your health, with an approach based on serious, professional work and an honest relationship with the patient. By applying modern and proven methods, offering individualized care to each patient, and using equipment meeting world standards, we provide care and support at the highest level.

We understand that every path to recovery is unique, which is why we are here to support you at every step. At Med TiM, you will find support, understanding, and a safe environment that will motivate you to regain control over your life.



Expertise and Experience You Can Trust

At the head of our team is Dr. Aleksej Ekistratov – a psychiatrist and specialist in anesthesiology with reanimatology, a physician with extensive international experience and numerous recognitions in the field of addiction treatment. With over 30 years of practice in the most prestigious hospitals in England, Russia, and Serbia, Dr. Ekistratov leads Med TiM's vision of providing the highest possible care to each patient, supported by a professional team, with top comfort and a pleasant stay.

Our primary goal is to prevent and alleviate the severe consequences of addiction, not only for the person receiving treatment but also for their family and the wider society.

At our hospital, we understand the multifaceted nature of addiction and its impact on lives. That is why we have designed a comprehensive treatment approach using individualized treatment plans tailored to the needs of each patient.

We believe that addiction treatment is much more than a medical approach – it is a process of restoring trust, strength, and dignity.



TREATMENT PROGRAMME

BENZODIAZEPINE ADDICTION

MedTiM

The recovery process is structured and carefully designed, encompassing a series of key steps. Below are the detailed phases of treatment that the patient goes through:

Diagnostics

1

- **Psychiatric evaluation**
- **Laboratory tests**
- **Specialist examinations**
- **Radiological diagnostics**
- **Psychological testing**



Detoxification

2

- **2 blood detoxification procedure** (removal of toxic substances)
- **2 Ozone therapies** (blood ozonation)
- **Infusion therapy to alleviate withdrawal symptoms**



Treatment

- **Pharmacotherapy**
- **Individual psychotherapy**
- **TMS** (Transcranial Magnetic Stimulation)
- **10 infusion therapies**



Psychological Treatment

- Education of the patient and family about addiction disease
- Individual psychotherapy
- Counseling and psychological support for patients' families
- Neurofeedback and biofeedback therapy



Physiotherapy

- 4 hyperbaric chamber sessions
- Alpha LED Oxy capsule
- Electro-stimulatory massages
- 4 Medical lymphatic drainage sessions
- 4 massages (relaxation massage, therapeutic massage, foot reflexology)
- Infrared sauna
- Salt room



Occupational Therapy

- Individual training with a professional trainer
- Billiards, table tennis, darts...
- Playstation
- Daily walks with an occupational therapist
- Weekend excursions
- **Group recreational activities as part of therapy** (music therapy, drawing, painting)



Outpatient Phase

Continuation of treatment in outpatient conditions after completing inpatient treatment for 12 months

Monthly check-ups with a psychiatrist with therapy adjustments for 12 months



“

MedTiM

Our goal is to provide you support and a safe environment where you'll find the strength for a new beginning.



Neuroregenerative Therapy

Daily infusion therapies (multivitamin and antioxidant)

Ozone therapy (blood ozonation)

Blood detoxification from toxic substances



Program Pricing:

3-month program

during inpatient treatment
and the following 3 months:
€3,000

6-month program

during inpatient treatment
and the following 6 months:
€6,000

NOTE: Neuroregenerative therapy is recommended for patients with compromised overall health.

Hepatometabolic Therapy

Liver regeneration

Hepatometabolic infusions
Supplementary therapy

Program Pricing:

3-month program
during inpatient treatment
and the following 3 months:
€3,000

6-month program
during inpatient treatment
and the following 6 months:
€6,000



NOTE: Hepatometabolic therapy is recommended for patients whose laboratory and ultrasound results confirm impaired liver function.

TMS

Transcranial Magnetic Stimulation

A non-invasive procedure that uses magnetic fields to stimulate specific regions of the brain associated with self-control, impulses, and craving.

TMS is applied within addiction therapy as support in reducing cravings for psychoactive substances and stabilizing emotional state, especially in patients being treated for opiate, alcohol, or stimulant addiction. As part of an integrated therapeutic approach, TMS serves as an additional resource in building lasting abstinence and improving quality of life.

TMS therapy requires a minimum duration of 21 days in order to achieve therapeutic results.



TMS is particularly recommended in the following cases:

For individuals being treated for opiate, alcohol, or stimulant addiction who experience strong cravings and are at risk of relapse after detoxification.

In situations where traditional therapies have not produced the expected results – TMS is then used as an additional modality to improve self-control and stabilize mental state.

For patients with accompanying psychological symptoms, such as depression, anxiety, or emotional instability, since TMS can also affect symptoms that often hinder the rehabilitation process.

As support during the intensive rehabilitation phase, when the individual is already motivated for change, actively engaged in the therapeutic process, and present in a controlled, structured environment (such as a stay in a residential facility).

At Med TiM Hospital, TMS therapy is an integral part of an individually guided rehabilitation program, combining neurobiological, psychotherapeutic, and pharmacological approaches. The treatment is conducted according to clearly defined protocols, in a controlled clinical environment, and under constant monitoring by the professional team, administered daily during treatment unless contraindications exist.





Dr Aleksej Elistratov
Psychiatrist and Medical
Director



Dr Jelena Nikodijević – Dobrosavljević
Specialist in Psychiatry,
Subspecialization in Addiction Diseases



Prof. dr Ivan Dimitrijević
Specialist in Neuropsychiatry



Dr Katarina Zorić
Specialist in Psychiatry



Dr Zdravka Stanković – Pirović
Specialist in General Medicine



Dr Igor Pandrc
Specialist in Anesthesiology,
Reanimatology, and
Intensive Care



Dr Vera Božović – Dupljak
General Practitioner,
Psychiatry Resident



Dr Radojka Tripković
Specialist in Internal
Medicine

Psychologists and Educators



Božana Končalović
Graduate Special Educator,
Family Counselor



Marija Petrović
Psychologist



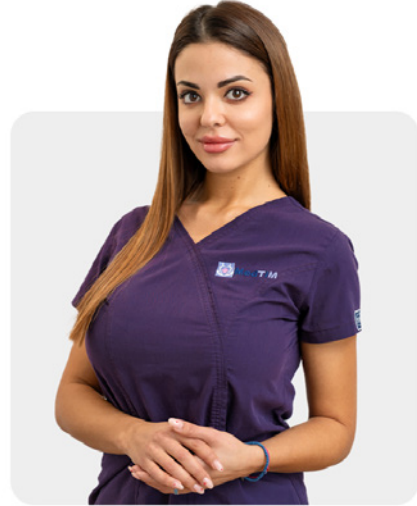
Neva Počuča
Psychologist



Ivana Matović
Special Educator



Branko Klačar
Chief Medical
Technician



Nikolina Koraćević
Nurse



Suzana Putniković
Nurse



Zorana Kajiš
Nurse



Jovana Petković
Nurse



Zorana Radivojević
Nurse



Milica Pražić
Nurse



Aleksa Medić
Medical Technician



Stefan Cvetković
Medical Technician



Aleksa Perić
Medical Technician

Therapists



Miloš Pejović
Occupational Therapist



Miloš Denda
Occupational Therapist

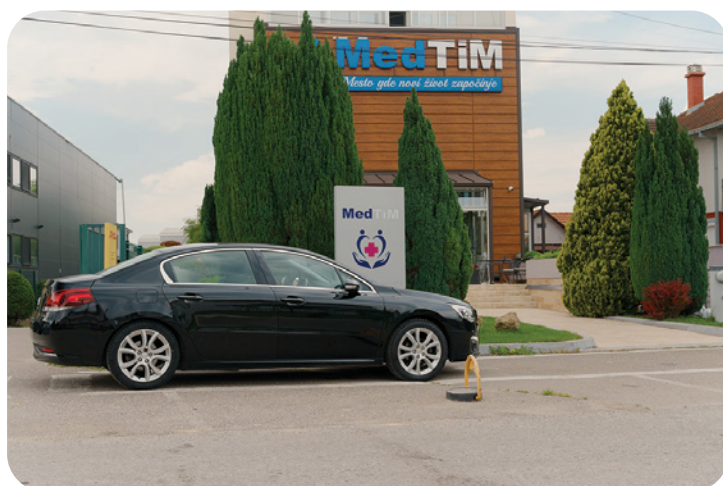
Our Services

At Med TiM Hospital, we provide top-quality care and a personalized approach for each patient. Our dedicated team ensures a safe and comfortable environment to help you take the first step toward a life free from addiction.



Care for Your Comfort

From the moment you arrive, we will be by your side. We offer airport transfer services for safe and comfortable transport to the hospital, where a warm welcome awaits you. Upon completing treatment, we organize a return transfer to the airport so you can reach your flight stress-free.



International Consultants

For international patients, a translator is always available to facilitate communication with staff and assist in translating medical documentation. It is important to us that you understand the treatment process at all times and actively participate in it.



Safety and Privacy

To ensure your safety and privacy, Med TiM Hospital has security personnel who continuously monitor the situation within the facility. Our medical team is also available 24/7, ready to provide fast and effective medical care at any moment. Your safety and well-being are our top priorities.





Nutrition and Activities for Quality Recovery

Nutrition is an important part of the recovery process. Therefore, we offer patients a variety of tasty meals – breakfast, lunch, and dinner – with additions of fresh fruit and refreshing drinks.





Physical and Mental Health

In addition to medical care, we are committed to your mental and physical well-being. Our occupational therapy program is designed to structure your day and help you focus on your progress. Enjoy excursions, moments of relaxation, socializing with billiards and table tennis, or improve your physical fitness in our gym with the support of a trainer.





Gym



Recovery



Recreation



Accommodation Options

Depending on your needs, we offer two types of accommodation that guarantee comfort during your stay:



Standard Double Room



– A comfortable space with two beds, a TV, and bedside tables. The bathroom is shared with other patients. Stay in this room is included in the program price.



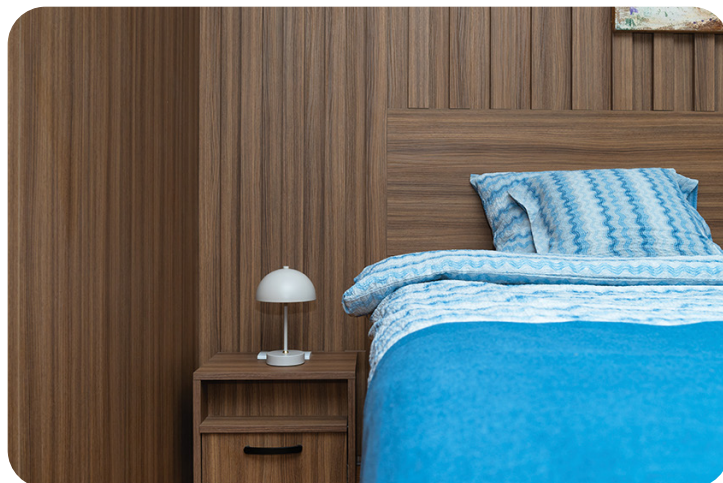


Apartment Room



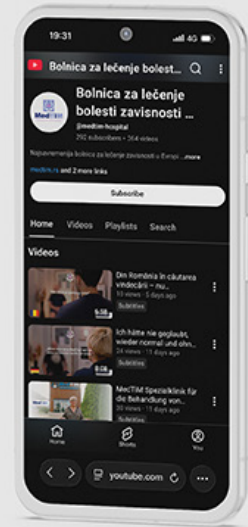
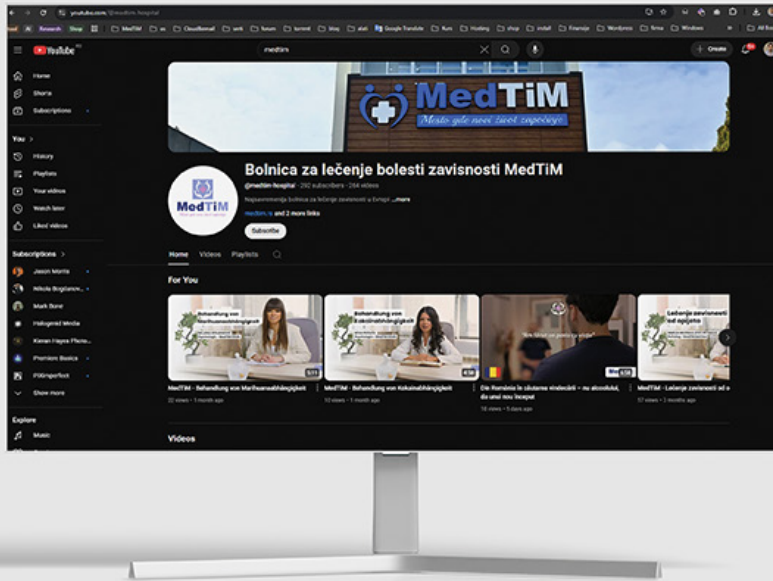
This option provides complete privacy and additional comfort during treatment. The room is equipped with a spacious double bed for optimal rest, while a modern bathroom completes the comfort of this space.

Available for an additional €2,500 per week of stay.





MedTiM
YouTube



www.youtube.com/@medtim-hospital

Experiences That Inspire Change

Every recovery story begins with the decision to take the first step.

Our patients did it — and today live free from addiction. Watch their sincere testimonials on our YouTube channel:

Click the link below:

<https://www.youtube.com/@medtim-hospital/videos>

Program Pricing

The length of your stay and total costs depend on individual needs and will be determined after a detailed diagnosis and consultation with our medical team.

Benzodiazepine addiction treatment starts from €11,000 for a minimum 14-day stay.

Each additional week of treatment is charged separately – €5,500 per week.

If you wish to be accompanied by your treatment partner, they can stay with you and use certain hospital services for an additional €250 per day.

*When paying electronically (via user's bank) or by credit card, a bank fee of 4% of the total treatment cost applies.

** The total cost of treatment must be paid before admission or on the day of arrival at the hospital.

MedTiM

This is the first step toward positive change and a fulfilling life.

Dedicate yourself to your health and well-being today!

Contact Information

For any additional questions, we are at your disposal:

www.medtim-hospital.com

+38166.803.50.74

info@medtim-hospital.com

Zemunska 40b, Belgrade – Serbia

MedTiM

A place where a new life begins!



www.medtim-hospital.com



info@medtim-hospital.com



+38166.803.50.74



Zemunska 40b, Belgrade – Serbia



АГЕНЦИЈА ЗА АКРЕДИТАЦИЈУ
ЗДРАВСТВЕНИХ УСТАНОВА СРБИЈЕ

MedTiM Special Hospital holds official accreditation from the Agency for Healthcare Institutions of Serbia (AZUS).

<https://www.azus.gov.rs/>